

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: DMB

Coachinfo: Warming up from: 07:45 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Melders Peter

Coaches: Bussels Paolo HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:23, starttime: 09:40
Heat: 23/27 Lane : 6 Athlete: THEUWIS RUNE			Q-time: 01:03:51
PB (50m pool): 01:03.28 ANTWERPEN 30/07/2023			PB (25m pool): 01:01.54 SB: 01:05.66 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:03.28	
	no time		
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:27, starttime: 09:45
Heat: 27/27 Lane : 4 Athlete: BUSSELS FLEUR			Q-time: 00:56:25
PB (50m pool): 00:56.25 Antwerpen 22/03/2026			PB (25m pool): 00:55.43 SB: 00:56.25 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:27.11	00:56.25	
	00:27.11	00:29.14	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:21, starttime: 10:30
Heat: 21/24 Lane : 9 Athlete: DAEMEN JUUL			Q-time: 01:16:11
PB (50m pool): 01:16.11 Antwerpen 15/03/2026			PB (25m pool): 01:14.03 SB: 01:16.11 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:35.62	01:16.11	
	00:35.62	00:40.49	
			

Coach feedback:

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Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:23, starttime: 10:35
Heat: 23/24 Lane : 8 Athlete: DAEMEN TUUR			Q-time: 01:13:61
PB (50m pool): 01:13.61 Antwerpen 22/03/2026			PB (25m pool): 01:10.76 SB: 01:13.61 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:34.05	01:13.61	
	00:34.05	00:39.56	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:24, starttime: 10:35
Heat: 24/24 Lane : 3 Athlete: ORIS TIM			Q-time: 01:09:48
PB (50m pool): 01:09.21 Antwerpen 21/04/2024			PB (25m pool): 01:06.48 SB: 01:10.11 Neuss 07/12/2025
	5 0 M	1 0 0 M	
PB	no time	01:09.21	
	no time		
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:21, starttime: 11:35
Heat: 21/25 Lane : 1 Athlete: THEUWIS RUNE			Q-time: 01:14:85
PB (50m pool): 01:13.60 Zwembad Brigitte Becue Oostend 19/05/2025			PB (25m pool): 01:10.02 SB: 01:14.85 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:13.60	
	no time		
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:25, starttime: 11:40
Heat: 25/25 Lane : 4 Athlete: BUSSELS FLEUR			Q-time: 01:03:76
PB (50m pool): 01:03.76 Antwerpen 27/07/2025			PB (25m pool): 01:01.11 SB: 01:04.16 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:30.89	01:03.76	
	00:30.89	00:32.87	
			

Coach feedback:

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Event number: 21: 100M BUTTERFLY MEN 11+			Heat:17, starttime: 12:15
Heat: 17/22 Lane : 6 Athlete: DAEMEN TUUR			Q-time: 01:06:40
PB (50m pool): 01:06.40 Genk 01/02/2026			PB (25m pool): 01:04.69 SB: 01:06.40 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:30.23	01:06.40	
	00:30.23	00:36.17	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:18, starttime: 12:15
Heat: 18/22 Lane : 5 Athlete: ORIS TIM			Q-time: 01:04:68
PB (50m pool): 01:04.64 Genk 18/04/2022			PB (25m pool): 01:01.93 SB: 01:04.68 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:04.64	
	no time		
			

Coach feedback: